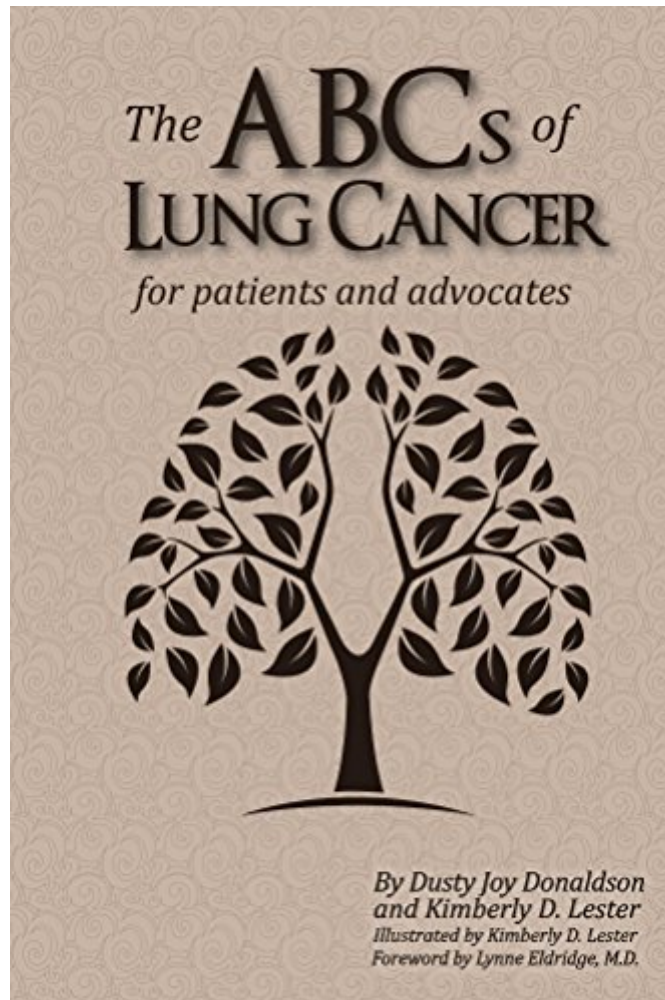




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The ABCs Of Lung Cancer: For Patients And Advocates



Synopsis

Learn valuable lessons from a longtime lung cancer survivor's own journey. The ABCs of Lung Cancer is a practical, easy-to-read guide for lung cancer patients and the people who care for and about them. Written by an 11-year lung cancer survivor and her daughter, the authors provide useful tips for dealing with and preventing lung cancer, some anecdotes about their own experiences, and, most of all, hope. Structured logically from A to Z, The ABCs of Lung Cancer gives frank advice that is easy to digest, despite the serious topic. Each segment offers insight garnered from the authors' more than ten years' experience advocating for and supporting people impacted by this disease. Every chapter offers practical suggestions, helpful tips, and inspirational quotes. The authors cover some challenging but necessary topics. Learn what the authors share about the following subjects, as well as a breadth of related issues: Second Opinions Radon Palliative Care Veterans Clinical Trials Pets. The ABCs of Lung Cancer will provide much needed education, encouragement, and empowerment for the hundreds of thousands of people each year impacted by lung cancer. Bonus: Color the creative illustrations included in each section to help relieve stress. Foreword by Lynne Eldridge, M.D., medical journalist, author, speaker, and lung cancer advocate. Lynne is the author of the National Award Winning Book, "Avoiding Cancer One Day at a Time." She is completing another book for cancer survivors titled "Keeping Cancer at Bay." In addition to speaking internationally on cancer prevention, prevention of cancer recurrence, and freelance health writing, she is a medical journalist for the New York Times Company and manages the Lung Cancer site for About.com.

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Customer Reviews

The "ABCs of Lung Cancer" provides a straightforward, easy to understand, compendium of facts, figures, and sound recommendations about lung cancer for the newly diagnosed, advocates, caretakers, friends, and family members. It also describes Dusty's personal experience of being diagnosed and living with lung cancer. Lung cancer is a terrible scourge and the deadliest of all 200 types and subtypes. It is a frightening diagnosis, but as Dusty and Kimberly point out, there is growing cause for hope. Great strides have been made in lung cancer research in the past five years in the diagnosis and treatment of the disease, especially in immunotherapy and targeted therapy, also known as precision or personalized medicine. Advancements in treatment options are enabling more people to live longer, and in some cases, with significantly reduced side effects. We still have a long road to hoe to transform lung and other types of cancer from terminal illnesses to chronic diseases. The book includes an in-depth list of references and resources. If you are new to the subject, this is a good place to start.

Great book I love it and know the authors

This book is written for everyone, but especially the newly diagnosed and the layperson, someone who may know nothing about lung cancer except that they need to become better informed about it. It is laid out in short chapters with easily readable text designed to help readers remember the most important facts about lung cancer. It opens with perhaps the most important fact of all...that ALL people can get lung cancer. This is not to scare people, but to inform them that we all have lungs and are thus susceptible. It goes on to explain about symptoms, causes, treatment options, and so much more. This would be a great book to share with anyone who has lung cancer or knows someone with it.

Inspiring, informational and fun! The perfect gift for someone impacted by a lung cancer diagnosis

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